



VIABLE OPTIONS

TAKE OWNERSHIP OF YOUR TOMORROW

WHERE VIABLE OPTIONS SERVES



VIABLE OPTIONS CLIENT CARE MODEL

Viable Options restores autonomy and decisional ownership to women facing a pregnancy decision by alleviating the pressures that often cause a lack of confidence or control.

CLARIFICATION

We provide a safe environment in which our clients are empowered to take ownership of their choice through processing their thoughts, fears, emotions, and desires, identifying the external pressures and obstacles in their lives, and freely exploring every aspect of the decision in light of their immediate circumstances and their future hopes.



- Pregnancy Decision Counseling
- Teen Pregnancy Counseling & Support
- Ongoing Assessment of Decision Confidence

EDUCATION

We work to restore decisional ownership to our clients by providing them with education and information on all available options and resources throughout the decision process—agreeing with the AMA that *"The patient's right of self-decision can be effectively exercised only if the patient possesses enough information to enable an informed choice."*

- Education on Pregnancy, Abortion, & Birth
- Education on Local Resources & Medical Care
- Education on Adoption Process



NAVIGATION

We walk with our clients through the often overwhelming process of seeking and receiving care in order to help mitigate feelings of stress, anxiety, or confusion which can often accompany navigating the social service world by providing ongoing assistance and guidance to ensure that they feel confident.



- Social Services Coordination
- Medical Care Referral & Facilitation
- Adoption Navigation & Support



ADVOCACY

We reach out to local organizations to identify which agencies are best equipped to assist our clients, determining what resources are available, working to assemble an action plan that is specific to the unique needs of the client, and advocating on their behalf every step of the way.

- Client Advocacy
- Care Coordination
- Family Mediation (with partner, parents, etc)

A CONFIDENT CHOICE THAT EMPOWERS A CONFIDENT FUTURE