



VIABLE OPTIONS
· YOU ARE NOT ALONE ·

viableoptions.org/app
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CLIENT PROFILES FOR REFERRAL

PREGNANT WOMAN WHO:

- 1 Is undecided regarding parenting, abortion, or adoption, and:**
 - is too overwhelmed to make a plan or thoroughly process her decision
 - is in need of education to make an informed choice
 - is in need of someone to talk with in order to process her options

- 2 Feels they have only one option (parenting, abortion, or adoption), due to external pressures, such as:**
 - financial issues, lack of support, material needs, etc.
 - relational pressure from parents, partner, parents of partner, etc.
 - religious or political beliefs and/or community
 - educational status
 - vocation or employment
 - mental or emotional state

- 3 Has made a plan (parenting, abortion, or adoption), but is overwhelmed by her state of pregnancy and is experiencing:**
 - tension, stress, depression, anxiety, etc.
 - relational issues with partner, parents, friends, etc.
 - difficulty sleeping, eating, etc.

- 4 Has made a plan (parenting, abortion, or adoption), is fairly in control of the situation, but needs support in the form of:**
 - mentorship
 - referrals
 - a safe place to process next steps

WOMAN WHO MAY BE PREGNANT, AND:

- 1 Needs a confirmation of pregnancy
- 2 Needs education on the options available to her
- 3 Needs someone to help her process next steps
- 4 Needs referrals for additional care

WOMAN WHO HAS HAD AN ABORTION, WHO:

- 1 Is looking for a safe place to share her story and process her experience
- 2 Is looking for long-term mentorship or relational support
- 3 Is in need of referrals for follow-up care (physical, emotional, relational, etc.)

MAN WHOSE PARTNER IS CARRYING THEIR CHILD, WHO:

- 1 Is in need of education in order to process the options available and to help her make an informed choice
- 2 Is not in agreement with her decision (parenting, abortion, or adoption) and is in need of relational guidance and support
- 3 Doesn't want to be involved in raising the child or is unwilling to pay child support
- 4 Wants to be involved in either the decision process or in parenting, but his partner is unwilling to allow his involvement
- 5 Feels overwhelmed at the news of pregnancy and needs:
 - support
 - referrals
 - a safe place to process with a counselor
- 6 Threatens his partner with lawsuit/violence, or engages in other possible criminal behavior that might warrant a restraining order or other legal intervention

PARENT(S) OF A PREGNANT WOMAN, WHO:

- 1 Are in need of education on the available options in order to provide relational guidance and support
- 2 Are not in agreement with her decision (parenting, abortion, or adoption) and are in need of guidance and relational mediation
- 3 Are concerned about her ability to parent and are:
 - looking to adopt their grandchild
 - looking to equip her with support and education on parenting
- 4 Want to be involved in the pregnancy or in raising their grandchild, but their child is unwilling to allow their involvement
- 5 Do not want to be involved, but their child:
 - lives at home
 - is financially dependent
 - is a minor
- 6 Are overwhelmed and in need of:
 - relational support
 - referrals (insurance, healthcare, family counseling, etc.)
 - a safe place to process with a counselor

SERVICES PROVIDED BY VIABLE OPTIONS

ALL SERVICES ARE PROVIDED FREE

1 Relational counseling

- is a safe setting in which to process thoughts, fears, emotions, and needs
- is provided by counselors who offer compassion, love, and support
- helps to dampen the noise of politics and pressures often surrounding pregnancy
- is conducted in a safe place where women and men are empowered to make informed decisions that are wholly theirs—free from pressures that would prevent real choice

2 Education on all three legal options

- makes use of neutral and informative educational materials
- is conducted in an environment that will not manipulate towards a specific outcome
- provides assurance that each person knows they have choices, what those choices are, and that they don't have to walk through them alone

3 Pregnancy confirmation

- is provided via medical grade HCG level detection
- is conducted in a safe and confidential environment
- is followed with additional counseling if necessary

4 Community referral/advocacy

- follows an initial and thorough assessment of needs
- consists of direct connection to a variety of organizations best equipped to meet unique needs

5 Mediation includes (but is not limited to):

- mediation between a pregnant woman and her partner
- mediation between a pregnant woman and her parents

6 Legal consultation

- is offered based upon an initial assessment of needs; if deemed appropriate, clients may be afforded a consultation with Viable Options' attorney to solicit legal advice regarding issues related to pregnancy, including: parental rights, child support, adoption, etc.

7 Mentorship

- is offered by Community Moms (mentors) who are available to clients in need of relational support; (male mentors are available to male clients).